

The week of April 13

Psalm 92 is a song written for the Sabbath—a day of rest. But it's more than a worship song; it's a reminder of what a life rooted in God looks like. In a world that drains us, Psalm 92 shows us how God restores us.

Gratitude Reorients the Heart

"It is good to give thanks to the Lord."

The psalm begins with thanksgiving, not because life is perfect, but because God is faithful. Gratitude is not a reaction; it's a discipline. It shifts our eyes from what is wrong to what is true.

When we thank God, we're not denying our struggles—we're declaring that our struggles don't define us. Gratitude is the doorway to spiritual strength.

God's Work Is Deeper Than We Understand

"How great are Your works, O Lord; Your thoughts are very deep."

We often want quick answers, quick fixes, quick breakthroughs. But God works in deep places—beneath the surface, beyond our understanding.

The psalm contrasts the temporary success of the wicked with the lasting stability of the righteous. What looks strong today may be gone tomorrow. What God plants lasts.

God is working even when we can't see the roots growing.

A life marked by gratitude.
A life strengthened by trust.